

**1. Q: Scan the text in Reading A and pick out the sentences in which the *-ing* forms function as a subject and object to fill in the blanks.**

*-ing* form used as a subject:

\_\_\_\_\_

\_\_\_\_\_

*-ing* form used as an object:

\_\_\_\_\_

\_\_\_\_\_

**2. Q: How to use *-ing* form as subjects and objects?**

A) Complete the sentences with the *-ing* form of the verbs in the box.

drive, listen, open, find, speak, do

1. Doing morning exercises will do good to your health.
2. \_\_\_\_\_ a car in a snowstorm is dangerous.
3. \_\_\_\_\_ to music helps him relax.
4. \_\_\_\_\_ someone else's mail is not polite.
5. \_\_\_\_\_ an apartment that isn't too expensive is hard.
6. \_\_\_\_\_ clearly and simply helps get your ideas across.

B) Practice: Use the *-ing* form of the following verbs to complete the text.

make, join, read, live, learn, understand

\_\_\_\_\_ in a foreign country can be quite a challenge. To begin with, \_\_\_\_\_ friends is often very difficult at first, and \_\_\_\_\_ the customs of the new country is at times almost impossible. \_\_\_\_\_ the language, and \_\_\_\_\_ about the history and culture of the country can help with these problems, but they are not enough. \_\_\_\_\_ clubs and societies is a great way to meet people and to start to understand a new country.